

BROTHERHOOD TRUTH SHEET

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SPIRITUAL AND HEALING MESSAGES OF LOVE

We gladly prepare and publish this weekly message of Truth for your spiritual Edification. We do this without charge to you, all we ask, to insure its continued growth, is a "Love Offering" to cover cost of handling.



BROTHERHOOD OF THE WHITE TEMPLE, INC.

THE BUDDHISM OF TIBET

BY

L. AUSTINE WADDELL

After Buddha's death his personality soon became invested with supernatural attributes; and as his church grew in power and wealth his simple system underwent academic development, at the hands of votaries now enjoying luxurious leisure, and who thickly overlaid it with rules and subtle metaphysical refinements and speculations.

Buddha ceases even to be the founder of Buddhism, and is made to appear as only one of a series of (four or seven) equally perfect Buddhas who had "similarly gone" before, and hence called Tathagata, and implying the necessity for another "coming Buddha," who was called Maitreya, or "The Loving One."

Indeed, Buddha's teaching is not nearly so pessimistic as it is usually made to appear by its hostile critics. His sermon on Love (mitra Sutra) shows that Buddhism has its glad tidings of great joy, and had it been wholly devoid of these, it could never have become popular amongst bright, joyous people like the Burmese and Japanese.

This book is considered to be one of the finest works on the subject and is listed in boreal's list of evaluated and priced bibliography of the best in the field of Metaphysics and the Occult.

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THE CLEAR LIGHT

by

Dr. M. Doreal

In the East, the Great Masters, the Great Gurus have taught that the highest of all attainments of man is when he is able to entirely emerge from the darkness in which he dwells into the most pure and Clear Light. That Clear Light is the very opposite of the material nature of man and the material light that man knows. It is the Divine and Supreme Essence above and beyond all things. The Clear Light is the light of Brahm. It is the light of the Changeless One. It is the light of the Divine Consciousness. Man bound in the material body cannot see the Clear Light. It is only when he is able to emerge from the darkness in which he is bound that that Clear Light becomes visible to his consciousness. As the ancients say, the Clear Light cannot even be perceived with the open Third Eye. The Clear Light can only be perceived by the consciousness which ascends unto it. In the Clear Light there is no thought, no meditation, no analysis; there is not even consciousness of self because in the Clear Light all things have become one. The Clear Light is the goal of all seekers. The Clear Light is that light which

penetrates into every creation but is only perceived by that consciousness which is attuned to it and within it.

When the ancient Hebrew priests pronounced the Sacred Word or Name of the Divine, they were calling upon the Clear Light. The ancients of the East have a name for that Clear Light just as they have a name for the dark light which is the light of the world. In the Eastern mysteries the Clear Light is sometimes called the black light because it cannot be seen or perceived, because it is shrouded and hidden in darkness. The visible light is the antithesis or opposite of the Clear Light. After all light can only be seen by reflection. After all, all of the light that we see is colored. In the Source of all things the light as we know it is not perceived, because every part of its being is the same and there is nothing to be reflected from it. It absorbs all light and reflects none. It absorbs all things and reflects none within itself. That Clear Light is the state in which one enters into the Divine.

The Name of the Clear Light consists of seven symbols. In the Tibetan mysteries each of those seven symbols are attuned to one of the great mental Chakras or centers in the consciousness of man. We are told also that those seven sounds or seven symbols have their counterpart in the material world, forming the negative polarity to the positive seven words of power or mantrams which are attuned

to the Most Clear Light. I am going to give you those sounds. It is sounded in this manner. It is MI - GOM, MI - SEM, RANG, BAB, ZANG. Those seven symbols are the symbols or the mantram sound which is attuned with the material plane. Those seven sounds relate to the attunement of the Clear Light in the material world. Those are the seven negative polarities.

These seven are the positive polarities: MI-NO, MI-SOM, ME - CHOD, CHING, It has been said that nothing manifests without two polarities being present, the masculine and feminine or positive and negative polarities.

In the Tibetan mysteries we are taught that the best way for the Neophyte to make their first attunement with that Clear Light is during the sleep or dream state. Therefore, we are told that just before entering into the sleep state that we should relax our body and our mind. Allow the mind to become still and quiet and then repeat over and over in our mind those fourteen symbols, beginning with the seven negative ones and ending with the seven positive, because the seven negative ones are more attuned with the material manifestation of your mind but they in turn repeat your attunement to the vibration with the higher ones. Then visualize the heart center or heart lotus, after you have let those run through your mind until a rhythm is established. Let those seven run through the mind until they seem to move or sound of their own accord. Visualize the heart

center as a lotus if you desire or a flower and visualize as being written there these words or these symbols: AH, NU - TA - RA - HUM. None of these have to be sounded. Visualize those sounds as if they were being written or placed there or in your mind. Sound those in that sequence, just over the heart. It is just over the heart center and that is where the master center that controls the dream state is located. That is a little center just about four inches long.

It is a law that all mantram must be inaudible before it is used audibly. You should mentally concentrate on the sound of that mantram as you draw the breath in and then you have caused it to vibrate in the gateway of Brahm which will give power to the sound that you sound, but in this case we are not desirous of producing anything in the material world. Therefore, we do not sound it. We only send the command into it to bring about an inward manifestation. So, because we are desirous to open the gateway of liberation so that when the body falls into the sleep state our consciousness will ascend into the realm of the most Clear Light, we must do that inaudibly. That should be done immediately before entering the sleep state. In other words, those two mantrams of seven symbols each should be sounded first in the mind and repeated then one after the other and you know with a little practice you will learn to sound them. That is to open the channel or to make the attunement. When

ACTIVITIES

TEMPLE HEADQUARTERS

Sunday, May 24, 1959, at 11:00 A.M.,
Dr. Virginia Lester will give a Meta-
physical lecture.

Sunday, May 31, at 7:00 P.M.,
Dr. Doreal will give a public lecture.

There was a very nice attendance
at the 11:00 A.M. Services Sunday Morn-
ing, May 17th. The lecture given by
Dr. W. Whitby was on "The Religion of
Truth."

Dr. Tully is in California on vaca-
tion and plans on giving some lectures
in California at this time.

Dr. Doreal gave a special Class
for members only at 3:30. He announced
that beginning May 31, his classes and
lectures will be held at 7:00 P.M., in-
stead of 3:30.

Many of Shamballa's people took ad-
vantage of Colorado's Opening Day of
the Fishing Season on Saturday. Dr. and
Mrs. John Morrow spent the day Saturday
fishing. They report a wonderful time,
but few fish.

Mr. and Mrs. Bud Evans, children,
Sandra and Ronnie, and Mr. James Butler
spent the day fishing up at Deckers.
They enjoyed a picnic lunch but didn't
have much luck with the fish.

Miss Beverly Anderson was the Sun-
day Dinner guest of Mr. and Mrs. J. A.
Williams.

Mrs. Denton and Mrs. Lee met a bear on the way to Church Sunday Morning and stopped to watch him as he lumbered up the side of the Mountain.

Mr. and Mrs. Ed Anderson left for California Saturday Morning on their vacation. They are going to visit with relatives in Oakland.

Mr. and Mrs. J. A. Williams have returned from their vacation trip to Oklahoma City, where they visited relatives; and Albuquerque, New Mexico, where they visited Mr. Williams sister and family, Dr. and Mrs. W. P. Redding. While in Albuquerque they visited Old Town and were thrilled by its many novelties.

We are glad to welcome Mr. and Mrs. Pete Chirichillo home from Calif.

Ted Sanford is spending a few weeks in Grand Junction, visiting relatives.

Shamballa is certainly very beautiful now, with the wild crocus in bloom, dotting the mountain sides, also the wild plums and choke cherries are in full bloom. Their fragrance mixed with that of the Pines is an incense of the Gods. In the flower gardens, the Poppies, Columbines and Iris are also starting to bloom.

---Winnie Whitby

The gods defend not with a club or shield the man they wish to favour--but endow him with wisdom; and the man whom they intend to ruin, they deprive of understanding.

Hindu Proverb

we are making the attunement, the time will come after the attunement with the Most Clear Light is made, that the consciousness of the attunement with the Clear Light is all that is necessary.

Often we have to use aids in bringing about attunement with anything. In regard to that, you may expect when you use that and go to sleep after you have let that sound in the heart center and you only need to do that in the heart center one time, clearly and distinctly. I prefer to do that one time in the heart center and then in my mind. Sound AH, directing it to the heart center until I can feel it and then the next symbol and the next and then I allow my mind to relax and I think with all my mind of traveling into the Most Pure Light and I fall off to sleep with that thought on my mind. What its actual purpose is, is to bring about an attunement of your consciousness with the Universal. It is to blend your light with the Universal so "you see no longer as through a glass darkly but face to face." It has been said, when we attempt to describe the Divine that we must fail before we start because the Divine by its very nature being unlimited can never be circumscribed by word or symbol. We can only approach it through word or symbol.

The first and Surest means to enter into communion with the Divine, is by sincerity.

----- Yamaga-Soko

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